







with Ann Marie & Jason!!



30 NAME!
THAT!



## **WEDNESDAY 5:30-6:30PM**

(free) Zoom account needed to participate

<u> https://tinyurl.com/62rn5ujn</u>

Meeting ID: 222 399 8386

**Passcode: 479813** 

10 THE GOOD LIFE,

GOT TALENT! with Ali



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Virtual Recreation for CT adults (20 + up)

receiving DDS services

Contact Corinne Jackson with any questions corinne.jackson@ct.gov

THURSDAY 3-4PM

HEALTHY EATING & MOVING WITH

with your host, Carol TREBEK!!



